

# Sepsis treatment: heroes and villains

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**9<sup>th</sup> Periferal Conference of the Hellenic Haemapheresis Association**  
**Athens - September 30<sup>th</sup> 2023**



*Hôpitaux de Lyon*

# Conflicts of Interest

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Scientific partnership with the following companies:

- Baxter
- BBraun
- Biomérieux
- Estor/Toray
- Exthera
- Fresenius Medical Care
- Infomed
- Jafron
- Medtronic
- Nikkiso

# Outline

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1) Introduction

2)

HEROES	VILLAINS
A	D
B	E
C	F



3) Conclusion

# Outline

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## 1) Introduction

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## 3) Conclusion

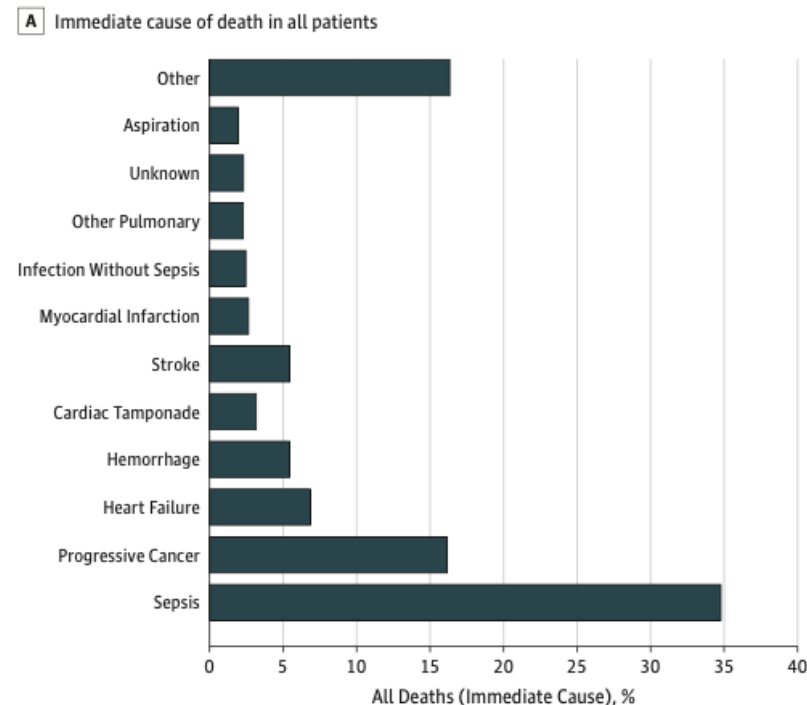
# Epidemio: Sepsis = primary cause of death in our ICUs/hospitals

Original Investigation | Critical Care Medicine

## Prevalence, Underlying Causes, and Preventability of Sepsis-Associated Mortality in US Acute Care Hospitals

Chanu Rhee, MD, MPH; Travis M. Jones, PharmD; Yasir Hamad, MD; Anupam Pande, MD, MPH; Jack Varon, MD; Cara O'Brien, MD; Deverick J. Anderson, MD, MPH; David K. Warren, MD, MPH; Raymund B. Dantes, MD, MPH; Lauren Epstein, MD, MS; Michael Klompas, MD, MPH; for the Centers for Disease Control and Prevention (CDC) Prevention Epicenters Program

Figure 1. Distribution of Causes of Death



# Epidemio: Sepsis = Twice more deaths as we thought...



## Global, regional, and national sepsis incidence and mortality, 1990–2017: analysis for the Global Burden of Disease Study



Kristina E Rudd, Sarah Charlotte Johnson, Kareha M Agesa, Katya Anne Shackelford, Derrick Tsoi, Daniel Rhodes Kievlan, Danny V Colombara, Kevin S Ikuta, Niranjan Kissoon, Simon Finfer, Carolin Fleischmann-Struzek, Flavia R Machado, Konrad K Reinhart, Kathryn Rowan, Christopher W Seymour, R Scott Watson, T Eoin West, Fatima Marinho, Simon I Hay, Rafael Lozano, Alan D Lopez, Derek C Angus, Christopher J L Murray, Mohsen Naghavi

» Home » News » Sepsis leading cause of death worldwide

### Contact

#### Communications

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Office: 604.822.2421

## Sepsis leading cause of death worldwide

January 16, 2020

New research published today in *The Lancet* has found that sepsis is responsible for the most deaths worldwide, even more than cancer or coronary disease — previously believed to be the leading causes of death globally.

### Share this Story



### YEAR 2017

- 50 million = number of deaths from all causes worldwide = 1.5 death / second
- 50 million cases of sepsis diagnosed worldwide. 11 million died of this condition.
- Sepsis represents one in five deaths worldwide, twice as many as previously estimated

	Male		Female		Both sexes	
	Incident cases (95% UI)	Age-standardised incidence per 100 000 population (95% UI)	Incident cases (95% UI)	Age-standardised incidence per 100 000 population (95% UI)	Incident cases (95% UI)	Age-standardised incidence per 100 000 population (95% UI)
Infections	15 961 632 (11 416 679–22 490 150)	453.5 (323.5–641.6)	17 165 460 (12 324 759–24 539 248)	482.4 (344.1–695.4)	33 127 159 (24 112 267–45 885 664)	466.8 (337.4–654.8)
Injuries	1 202 056 (916 529–1 548 161)	31.7 (24.2–40.8)	663 329 (494 773–850 850)	17.8 (13.2–23.1)	1 865 358 (1 421 131–2 392 774)	24.7 (18.8–31.7)
Non-communicable diseases	5 567 578 (4 499 826–7 157 847)	157.6 (126.8–203.8)	8 349 730 (6 520 440–11 096 832)	216.4 (167.6–290.8)	13 917 451 (11 313 974–17 629 415)	186.0 (150.0–237.0)
All causes	22 731 266 (18 037 098–29 410 723)	642.8 (507.7–834.8)	26 178 518 (20 630 286–33 702 305)	716.5 (560.2–925.1)	48 909 968 (38 929 606–62 859 320)	677.5 (535.7–876.1)

Data are n (95% UI), unless otherwise stated. UI=uncertainty interval.

Table 1: Incident cases of sepsis and age-standardised incidence of sepsis, for all ages, both sexes, and all locations, according to category of underlying cause, 2017

# Outline

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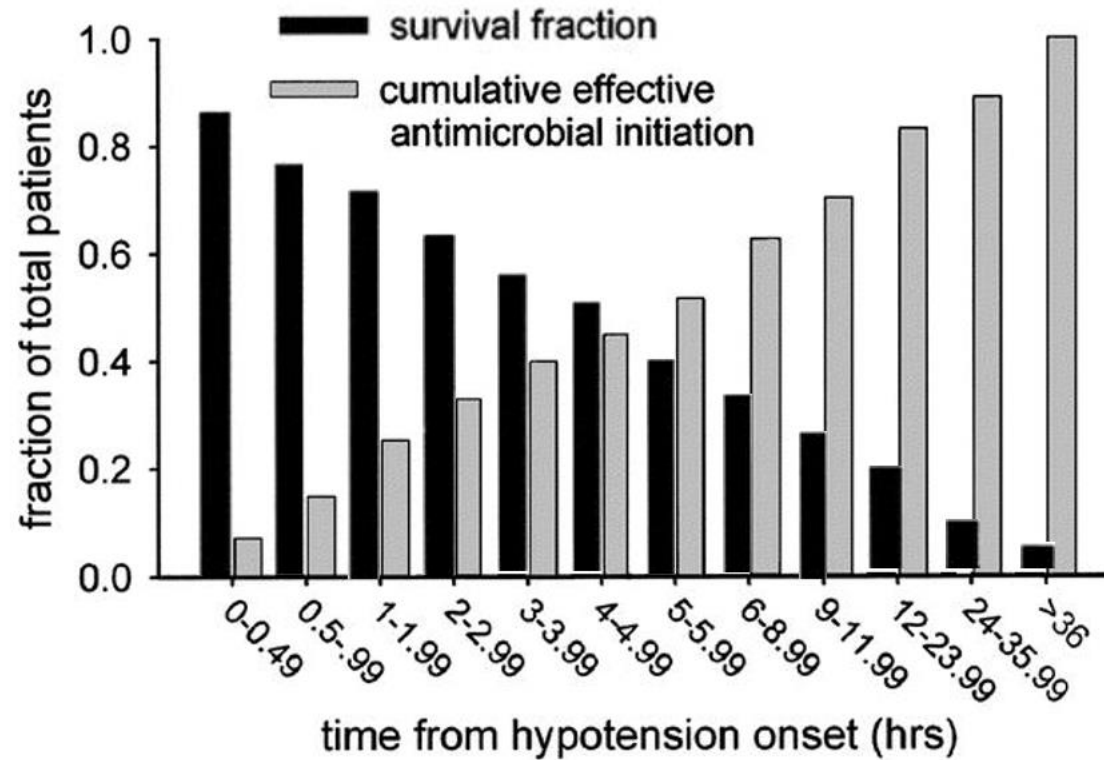
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# A = The speed of antibiotics administration



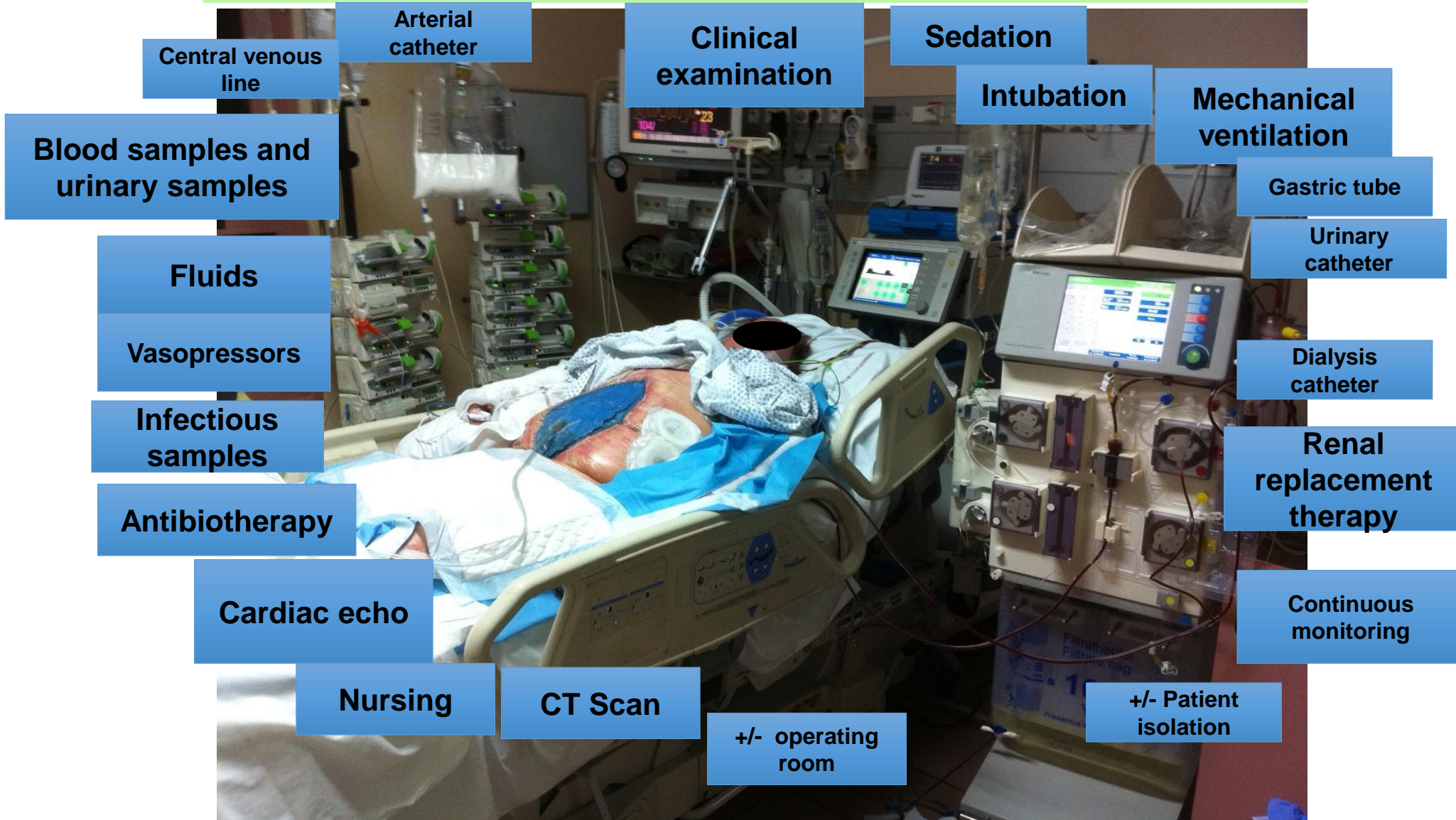
# **B = The rapid and exhaustive organ support management**

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## **The three cornerstones of sepsis treatment**

- 1) Antibiotherapy**
- 2) Source control**
- 3) Support of organ failures**
  - Hemodynamic
  - Respiratory
  - Renal
  - Liver
  - Coagulopathy
  - Neurologic
  - .....

# A patient with septic shock in the ICU...



# C = Extracorporeal blood purification techniques ?

## HEMOPERFUSION (Sorbents)

PMX-B (Toray/Estor)

Cytosorb (Cytosorbents)

LPS adsorber (Alteco)

HA330, HA380 (Jafron)

MG350 (Biosun)

## CRRT filters

high adsorptive hemofiltration (oXiris, Baxter – PMMA, Toray)

high cut-off membranes (Emic2, Fresenius Medical Care)

## NEW BLOOD PURIFICATION THERAPIES

(capable of leukocyte or bacteria or virus removal)

Seraph® (Exthera Medical)

FcMBL protein (Opsonix)

Hemopurifier® (Aethlon Medical)

other selective cytopheresis technology...

## MISCELLANEOUS, OTHER TECHNIQUES

High-volume hemofiltration/Cascade hemofiltration

Plasma exchanges

Coupled Plasma Filtration Adsorption

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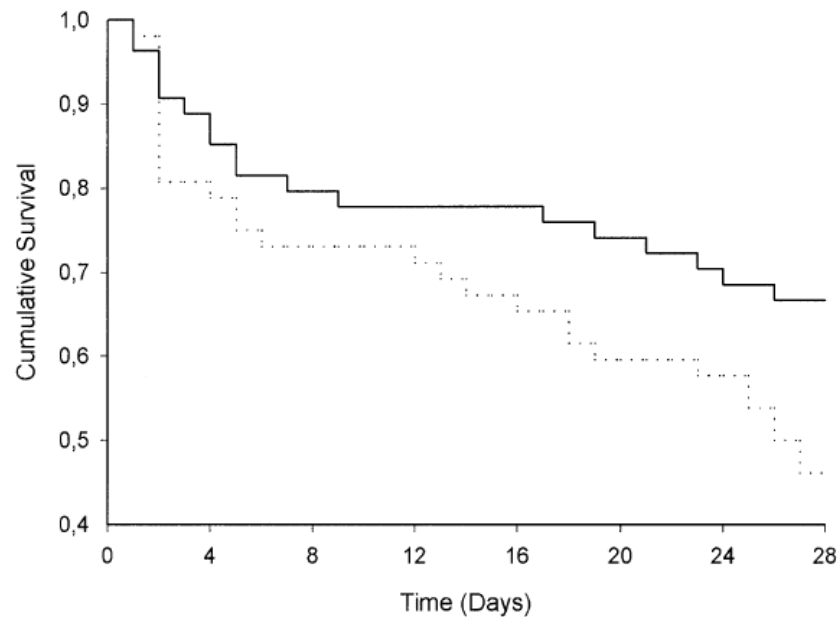
High-volume hemofiltration/Cascade hemofiltration

### Plasma exchanges

Coupled Plasma Filtration Adsorption

Rolf Busund  
Vladimir Koukline  
Uri Utrobin  
Edvard Nedashkovsky

## Plasmapheresis in severe sepsis and septic shock: a prospective, randomised, controlled trial

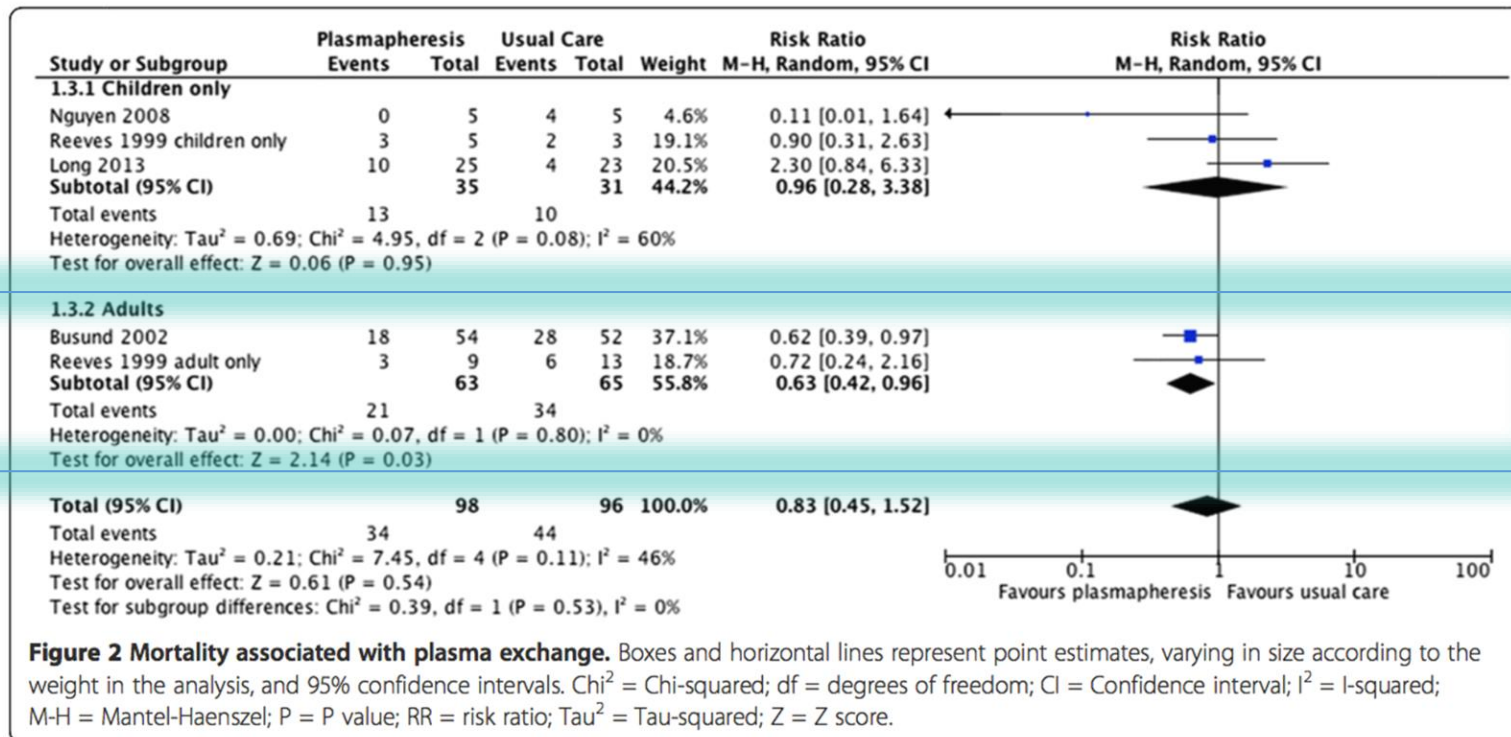


**Fig. 1** Cumulative survival in 106 patients with severe sepsis or septic shock randomly assigned to plasmapheresis (*solid line*) or not (*dotted line*) in addition to standard sepsis treatment

Variable <sup>a</sup>	Plasmapheresis (n=54)	Control (n=52)	p
Gender: M/F	34/20	26/26	0.24
<u>Mean age (years)</u>	41±15	48±16	0.03
Septic shock	31 (57%)	28 (54%)	0.84
Mean APACHE III score	56.4±18.8	53.5±15.8	0.40
Mean APACHE III score for respiratory functions			
Respiratory rate	5.2±2.6	4.8±2.8	0.42
PaO <sub>2</sub>	3.5±3.5	2.7±3.1	0.24
<u>Site of infection</u>			0.04
Abdominal	33	16	
Lung	3	9	
Urological	2	8	
Skin/soft tissue	5	5	
Female genital	2	7	
Brain	3	4	
Other sites <sup>b</sup>	6	3	

# The efficacy and safety of plasma exchange in patients with sepsis and septic shock: a systematic review and meta-analysis

Emily Rimmer<sup>1,2</sup>, Brett L Houston<sup>3</sup>, Anand Kumar<sup>1</sup>, Ahmed M Abou-Setta<sup>4</sup>, Carol Friesen<sup>5</sup>, John C Marshall<sup>6</sup>, Gail Rock<sup>7</sup>, Alexis F Turgeon<sup>8</sup>, Deborah J Cook<sup>9,10</sup>, Donald S Houston<sup>1,2</sup> and Ryan Zarychanski<sup>1,2,4\*</sup>



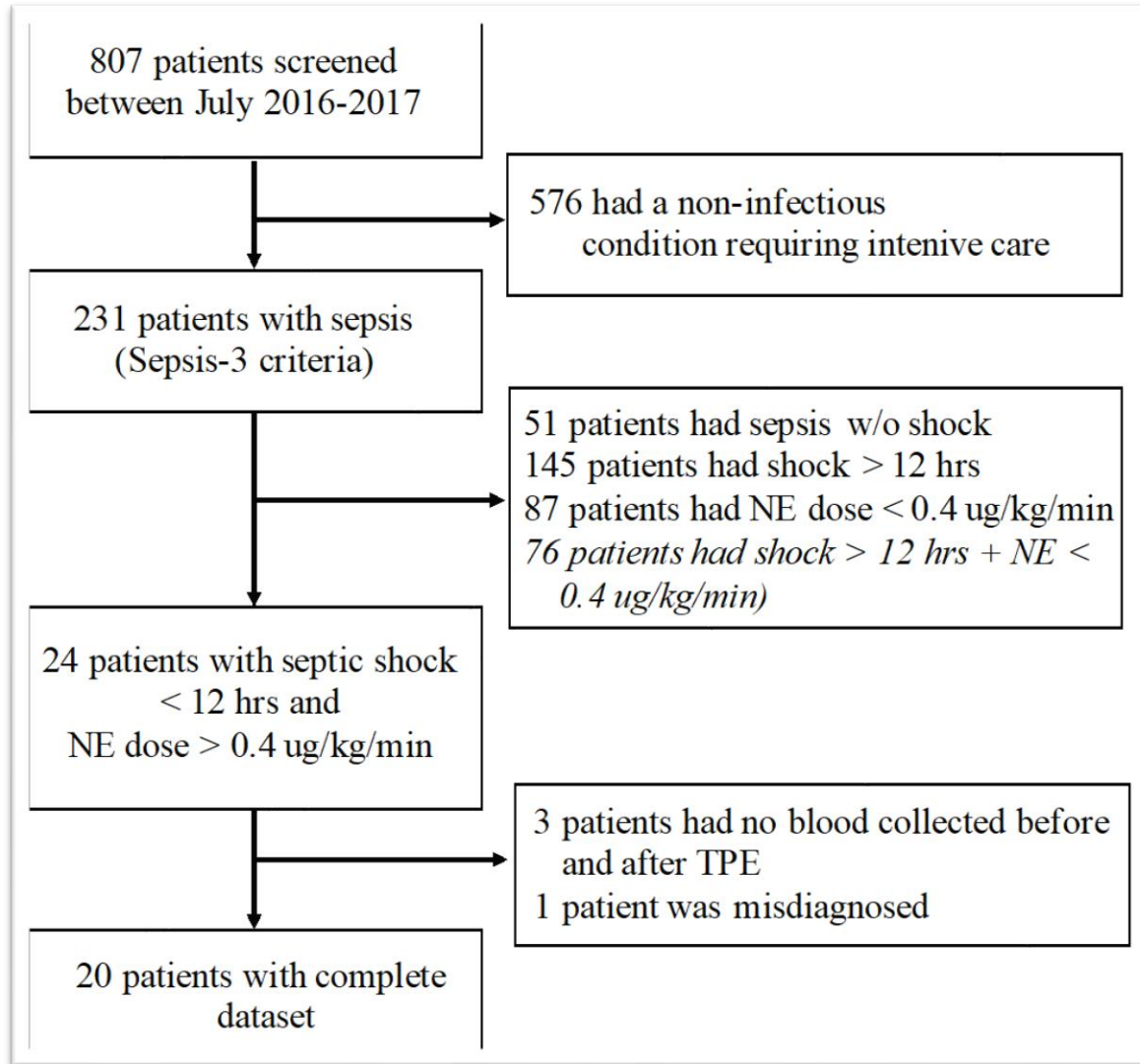
RESEARCH

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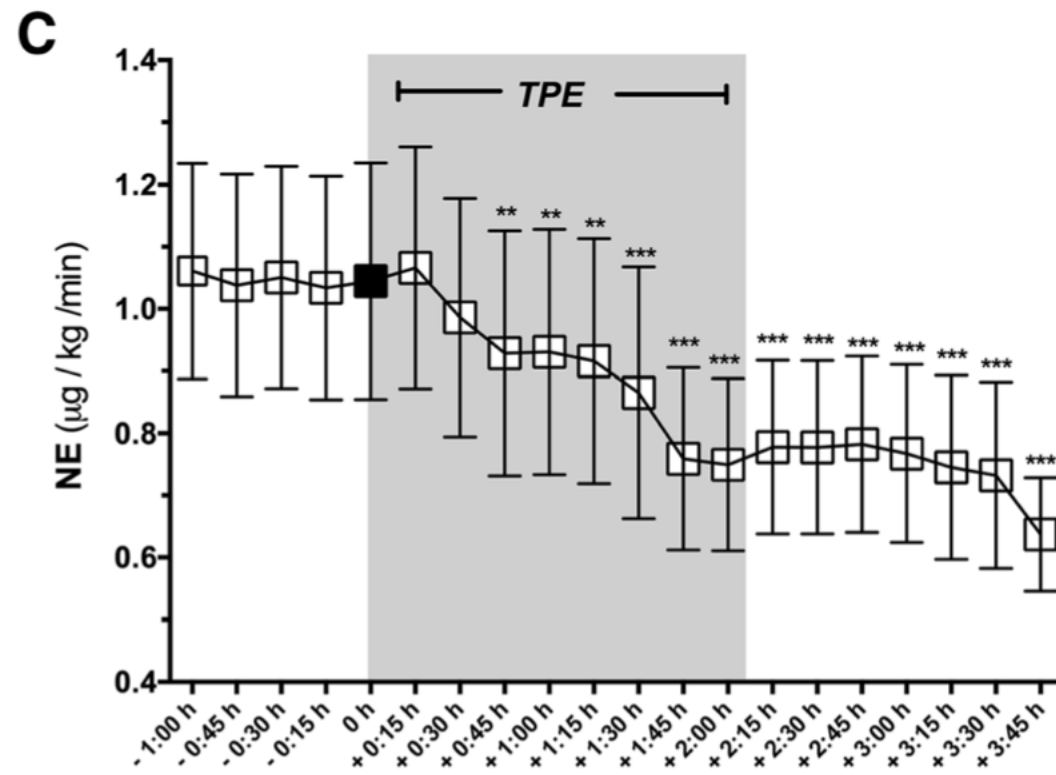
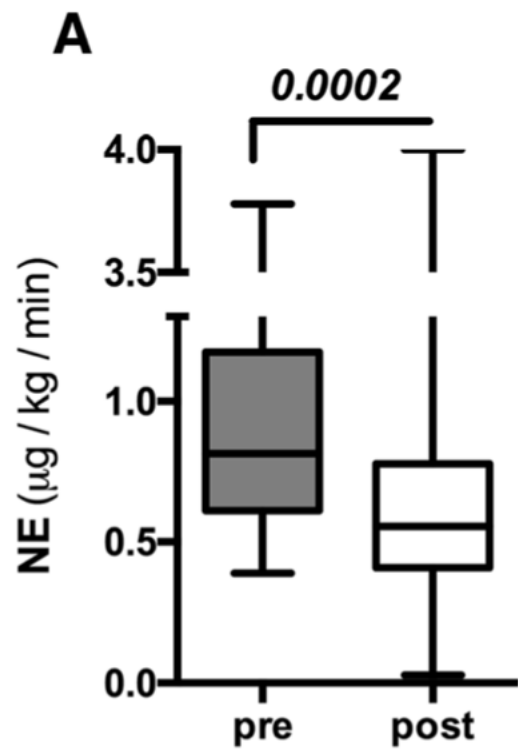


# Early therapeutic plasma exchange in septic shock: a prospective open-label nonrandomized pilot study focusing on safety, hemodynamics, vascular barrier function, and biologic markers

Hannah Knaup<sup>1†</sup>, Klaus Stahl<sup>2†</sup>, Bernhard M. W. Schmidt<sup>1</sup>, Temitayo O. Idowu<sup>1</sup>, Markus Busch<sup>2</sup>, Olaf Wiesner<sup>3</sup>, Tobias Welte<sup>3</sup>, Hermann Haller<sup>1</sup>, Jan T. Kielstein<sup>4</sup>, Marius M. Hoeper<sup>3</sup> and Sascha David<sup>1\*</sup>



PARAMETER	VALUE
<b>Age (years)</b>	47.9 +/- 16
<b>BMI</b>	29.2 +/- 11
<b>Side of infection</b>	
pulmonary	55 %
abdominal	20 %
blood stream	5 %
soft tissue	20 %
<b>Organ Failure (n)</b>	3 +/- 1
<b>Mechanical ventilation (%)</b>	100%
pAO2 / FiO2	161 +/- 89
<b>Renal Replacement Therapy</b>	90%
<b>APACHE II</b>	38.2 +/- 4.8
<b>SOFA</b>	17.2 +/- 3.5
<b>Biochemical abnormalities</b>	
CRP (mg/L)	236 +/- 93
PCT	68 +/- 92
<b>Hemodynamics</b>	
Cardiac index (L/m2 bodysurface)	3.1 +/- 1.1
MAD (mmHg)	63 +/- 11
NE (ug/kg/min)	0.81 +/- 0.4
fluid balance -6hrs (L)	3.45 +/- 1.8
<b>Acid Base Status</b>	
pH	7.28 +/- 0.13
pCO2	45 +/- 11
HCO3-	20.3 +/- 4.4



**Table 2** Changes in clinical and biochemical parameters after TPE

Variable	Therapeutic plasma exchange (TPE)		<i>p</i> value
	Before	After	
Clinical parameters			
MAP (mmHg)	65.5 (54.5–75.3)	69 (64–79.3)	0.07
NE dose (µg/kg/min)	0.82 (0.61–1.17)	0.56 (0.41–0.78)	0.0002*
MAP/NE (mmHg/µg/kg/min)	74.9 (48.5–116.8)	114.3 (75.3–166.7)	< 0.0001*
HR (bpm)	110.5 (91.3–125.5)	103.5 (86.8–119)	0.11
SW (%)	20 (12.5–29)	11 (6–14.5)	0.008*
SVRI (dyne/s/cm <sup>5</sup> /m <sup>2</sup> )	1450 (980–1873)	1520 (1060–2126)	0.67
SVRI/NE (dyne/s/cm <sup>5</sup> /m <sup>2</sup> )/(µg/kg/min)	1743 (1008–2921)	2547 (1213–3923)	0.06
EVLWI (mL/kg)	14 (8–17)	11.5 (8–16.5)	0.93
GEDI (mL/m <sup>2</sup> )	670 (483–909)	755 (622–998)	0.12
Cardiac index (L/min/m <sup>2</sup> )	2.85 (2.39–4.32)	3.42 (2.71–5.19)	0.39
Fluid balance/6 h (mL)	3411 (2295–4933)	2190 (1431–4060)	0.007*
Gas exchange			
Oxygenation index (PaO <sub>2</sub> /FiO <sub>2</sub> )	132 (96–229)	115 (102–212)	0.94
AaDO <sub>2</sub> (mmHg)	360 (251–541)	329 (247–489)	0.28
Inflammatory biomarkers			
CRP (mg/L)	236 (147–302)	174 (86–288)	0.07
PCT (ng/mL)	24.1 (16.9–83.7)	31 (14.8–87.3)	0.86
WBC (1/nL)	11.2 (0.93–34.8)	8.4 (1.2–25.6)	0.73
PLT (1/nL)	43.0 (16.8–112)	34.0 (20–66)	0.11
INR	1.76 (1.44–2.1)	1.43 (1.26–2.1)	0.16
Acid base balance			
pH	7.28 (7.19–7.34)	7.33 (7.23–7.38)	0.01*
pCO <sub>2</sub> (mmol/L)	44.5 (35.3–56.3)	46 (37–55)	0.99
HCO <sub>3</sub> <sup>-</sup> (mmol/L)	20.0 (17–23.8)	22.0 (20–24.7)	0.001*
Lactate (mmol/L)	6.5 (2.8–11.3)	6.5 (3.2–10.8)	0.84
Cytokines			
IL-8 (ng/mL)	1.35 (0.6–10.81)	1.09 (0.4–7.1)	0.009*
IL-1b (pg/mL)	147.1 (57.1–241.6)	92.2 (42.9–184.8)	0.01*
IL-6 (ng/mL)	10.8 (2.54–27.6)	4.6 (0.9–13.7)	0.005*
IL-10 (pg/mL)	143.3 (65.5–259.2)	98.1 (59.6–180.4)	0.05

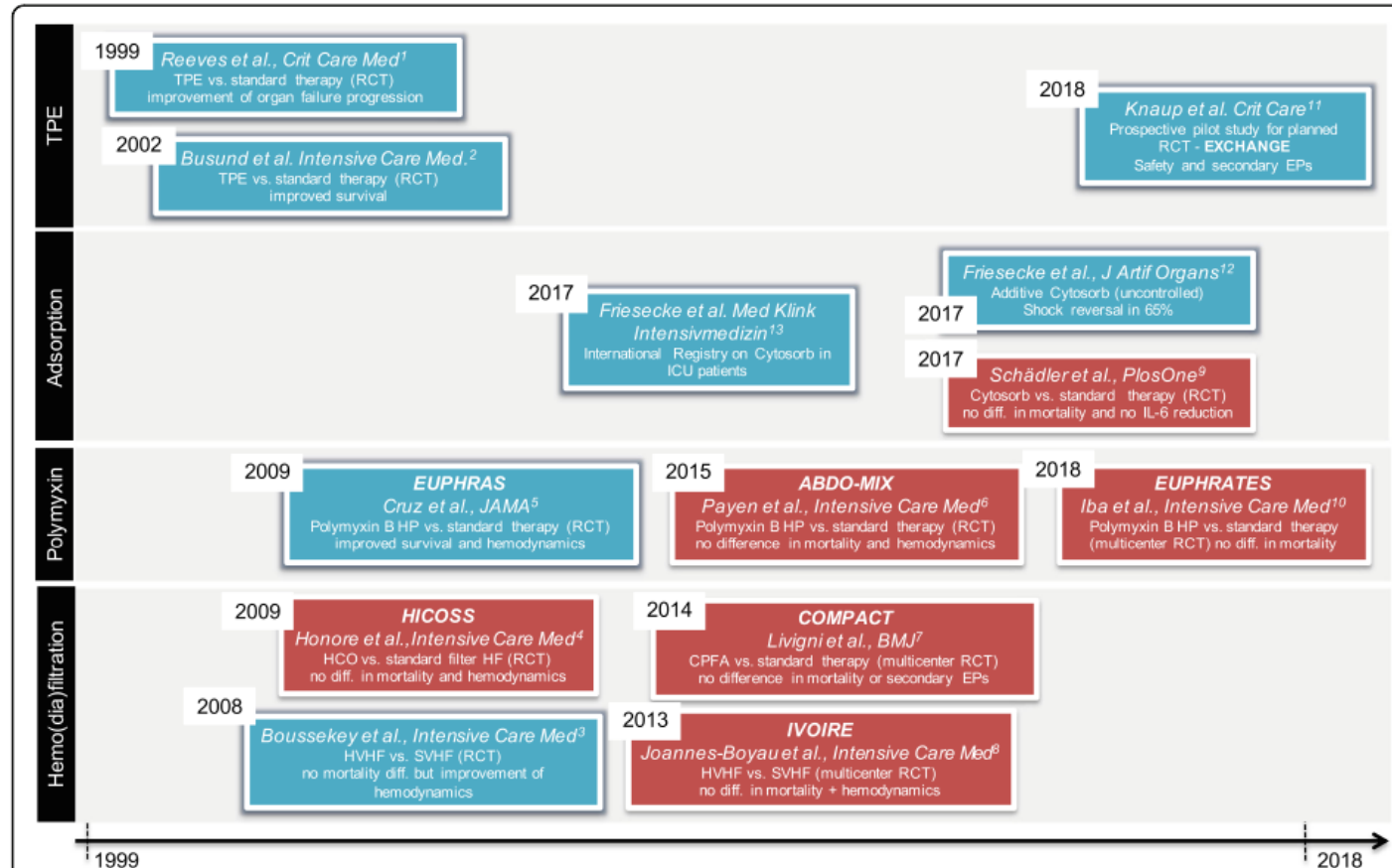
LETTER

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# To remove and replace—a role for plasma exchange in counterbalancing the host response in sepsis

S. David<sup>1\*</sup> and K. Stahl<sup>2</sup>



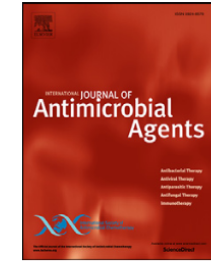
**Fig. 1** Timeline of important prospective trials of various extracorporeal therapeutic strategies in sepsis. *Abbreviations:* TPE therapeutic plasmapheresis, RCT randomized controlled clinical trial, HP hemoperfusion, HVHF high volume hemofiltration, SMVF small volume



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# International Journal of Antimicrobial Agents

journal homepage: [www.elsevier.com/locate/ijantimicag](http://www.elsevier.com/locate/ijantimicag)



## Therapeutic plasma exchange in patients with life-threatening COVID-19: a randomised controlled clinical trial



Fahad Faqihi<sup>a</sup>, Abdulrahman Alharthy<sup>a</sup>, Salman Abdulaziz<sup>a</sup>, Abdullah Balhamar<sup>a</sup>,  
Awad Alomari<sup>b</sup>, Zohair AlAseri<sup>c</sup>, Hani Tamim<sup>d</sup>, Saleh A. Alqahtani<sup>e,f</sup>,  
Demetrios J. Kutsogiannis<sup>g</sup>, Peter G. Brindley<sup>g</sup>, Dimitrios Karakitsos<sup>a,h,i</sup>, Ziad A. Memish<sup>j,k,\*</sup>

<sup>a</sup> Critical Care Department, King Saud Medical City, Riyadh, Kingdom of Saudi Arabia

<sup>b</sup> Department of Critical Care, Dr Sulaiman Al-Habib Group Hospitals, Riyadh, Saudi Arabia

<sup>c</sup> Departments of Emergency Medicine and Critical Care Medicine, King Saud University, Riyadh, Saudi Arabia

<sup>d</sup> Biostatistics Unit, Clinical Research Institute, American University of Beirut Medical Center, Beirut, Lebanon

<sup>e</sup> Division of Gastroenterology & Hepatology, Johns Hopkins University, Baltimore, MD, USA

<sup>f</sup> Liver Transplant Center, and Biostatistics, Epidemiology, and Scientific Computing Department, King Faisal Specialist Hospital and Research Center, Riyadh, Saudi Arabia

<sup>g</sup> Department of Critical Care, Faculty of Medicine and Dentistry, the University of Alberta, Alberta, Canada

<sup>h</sup> Department of Internal Medicine, South Carolina University, School of Medicine, Columbia, SC, USA

<sup>i</sup> Critical Care Department, Keck Medical School, University of Southern California, Los Angeles, CA, USA

<sup>j</sup> Research & Innovation Centre, King Saud Medical City, Riyadh, Saudi Arabia

<sup>k</sup> Hubert Department of Global Health, Rollins School of Public Health, Emory University, Atlanta, GA, USA

# Survival

# SOFA score

F. Faqih, A. Alharthy, S. Abdulaziz et al.

International Journal of Antimicrobial Agents 57 (2021) 106334

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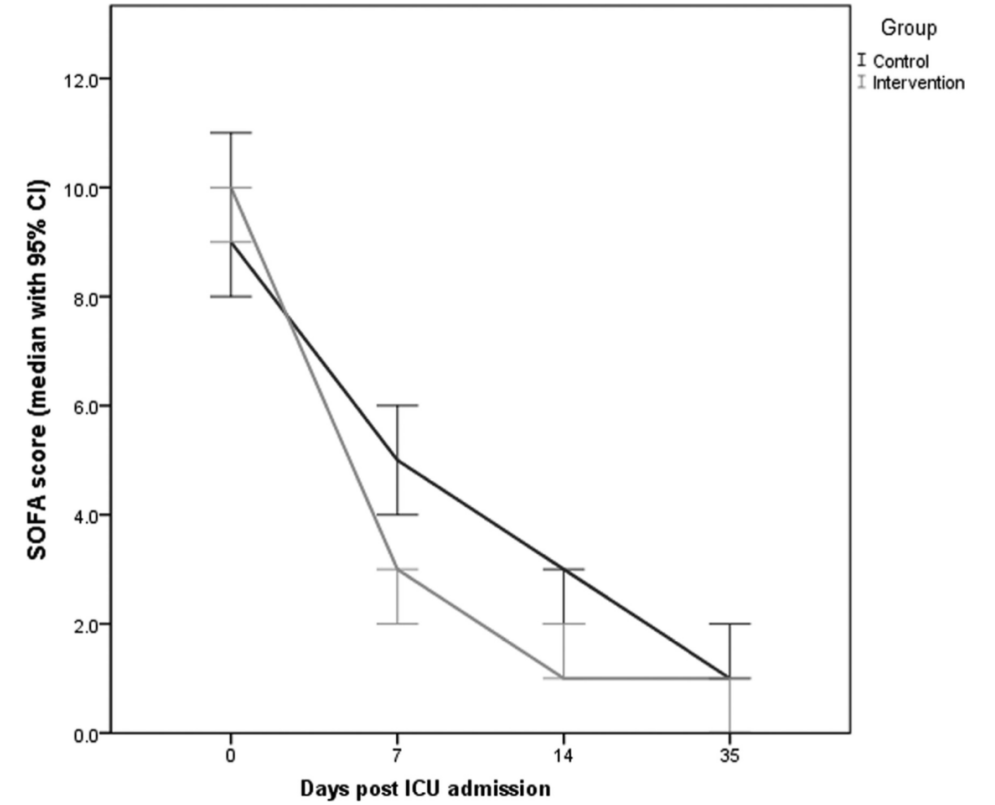
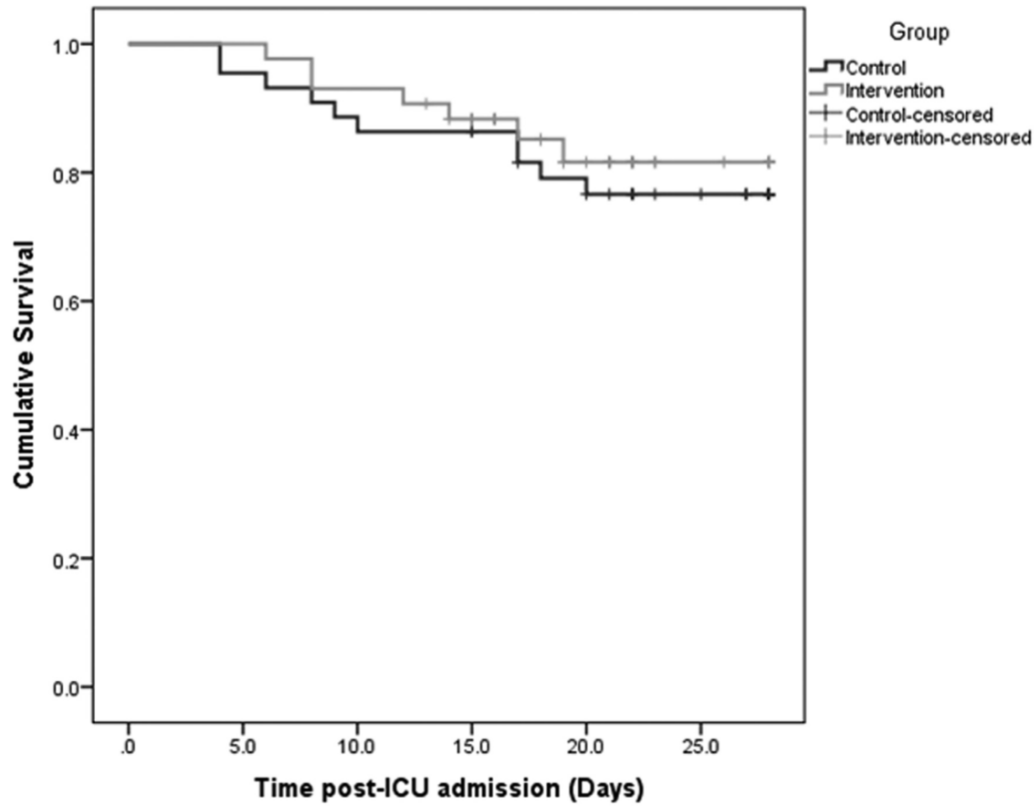


Fig. 2. Kaplan–Meier survival distributions in the intervention and control groups of critically-ill COVID-19 patients (log-rank test,  $P = 0.582$ ; Cox regression model, HR = 0.81, 95% CI 0.35–1.87,  $P = 0.62$ ). HR, hazard ratio; CI, confidence interval.

Fig. 3. Post-hoc (repeated measures) analysis of Sequential Organ Function Assessment (SOFA) score (median values with 95% CI) over time (days post ICU admission) for the intervention and control groups of critically ill COVID-19 patients. CI, confidence interval; ICU, intensive care unit.

# Randomized controlled trial (EXCHANGE II)

Bi-centric HANNOVER – BONN, n=40, primary endpoint: hemodynamic after 6 h

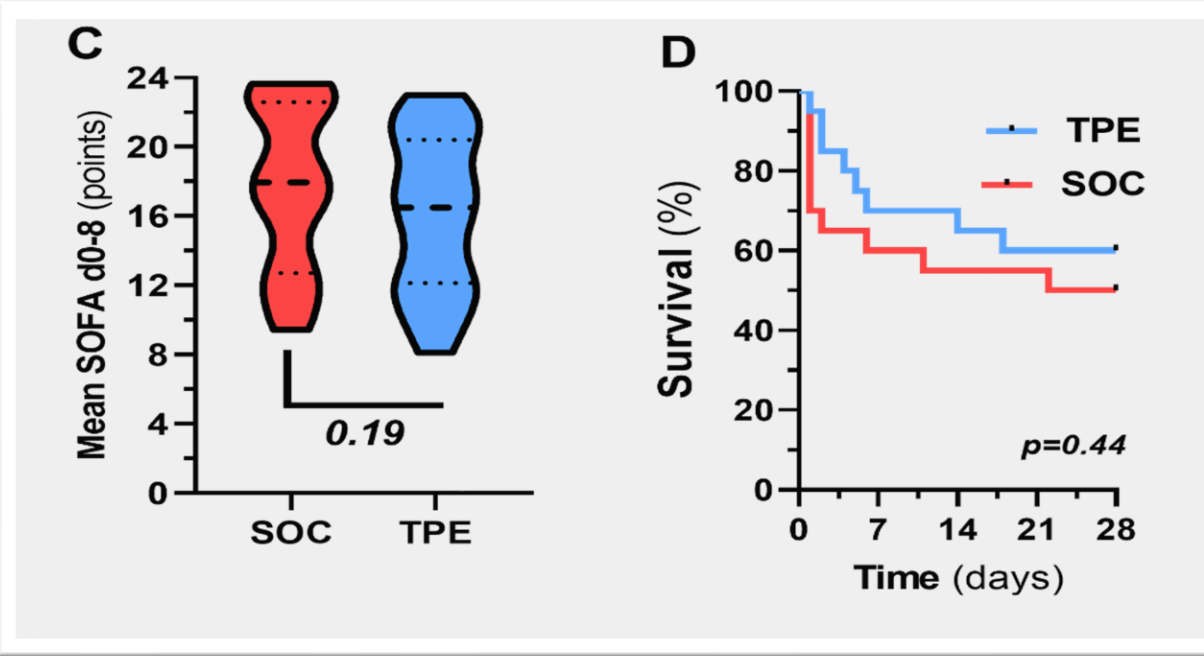
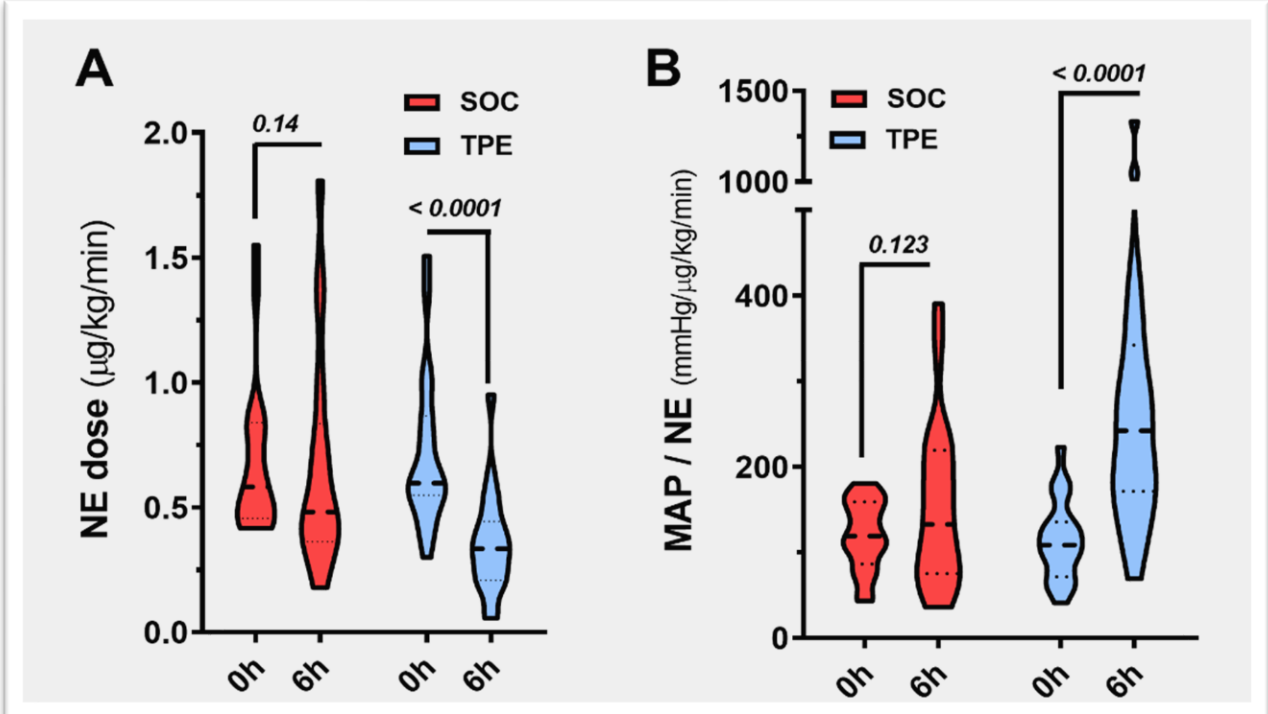
## LETTER

### Adjuvant therapeutic plasma exchange in septic shock



Sascha David<sup>1,2\*</sup>, Christian Bode<sup>3</sup>, Christian Putensen<sup>3</sup>, Tobias Welte<sup>4</sup>, Klaus Stahl<sup>5</sup> and The EXCHANGE study group

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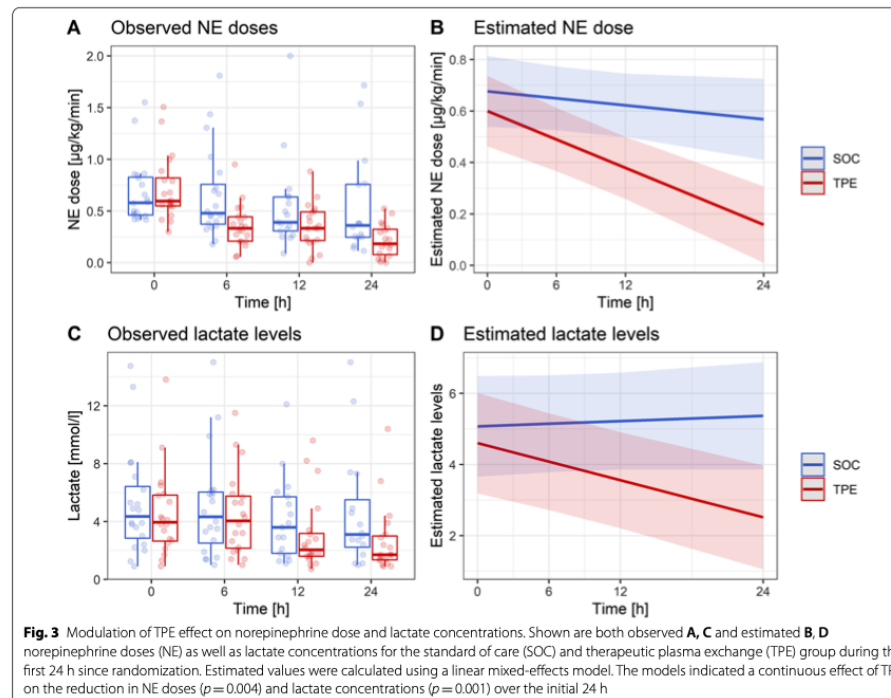
RESEARCH

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# Clinical and biochemical endpoints and predictors of response to plasma exchange in septic shock: results from a randomized controlled trial

Klaus Stahl<sup>1†</sup>, Philipp Wand<sup>2†</sup>, Benjamin Seeliger<sup>3</sup>, Pedro David Wendel-Garcia<sup>4</sup>, Julius J. Schmidt<sup>2</sup>, Bernhard M. W. Schmidt<sup>2</sup>, Andrea Sauer<sup>5</sup>, Felix Lehmann<sup>5</sup>, Ulrich Budde<sup>6</sup>, Markus Busch<sup>1</sup>, Olaf Wiesner<sup>3</sup>, Tobias Welte<sup>3</sup>, Hermann Haller<sup>2</sup>, Heiner Wedemeyer<sup>1</sup>, Christian Putensen<sup>5</sup>, Marius M. Hoyer<sup>3</sup>, Christian Bode<sup>5†</sup> and Sascha David<sup>2,4\*†</sup>



## An inquiry into the treatment of sepsis using plasma exchange therapy: A systematic review and meta-analysis

Lei Zhang  | Xin-Yu Zhao | Shu-Yan Guo | Jian Jiang | Guan Wang | Yi-Bing Weng

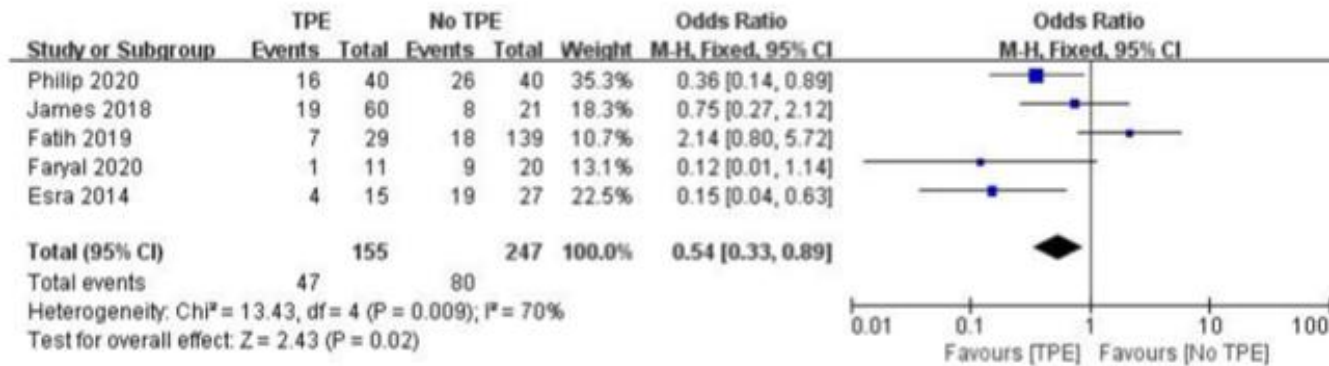


FIGURE 2 Mortality associated with plasma exchange. Boxes and horizontal lines represent point estimates, varying in size according to the weight in the analysis, and 95% confidence intervals.  $\text{Chi}^2$  = Chi-squared;  $\text{df}$  = degrees of freedom; CI = Confidence interval;  $I^2$  = I-squared.

## 5 | CONCLUSION

Plasmapheresis appears to be an effective treatment for patients with sepsis, but a large number of RCTs are still needed to confirm this notion.

# C = Extracorporeal blood purification techniques ?

## HEMOPERFUSION (Sorbents)

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other selective cytopheresis technology...

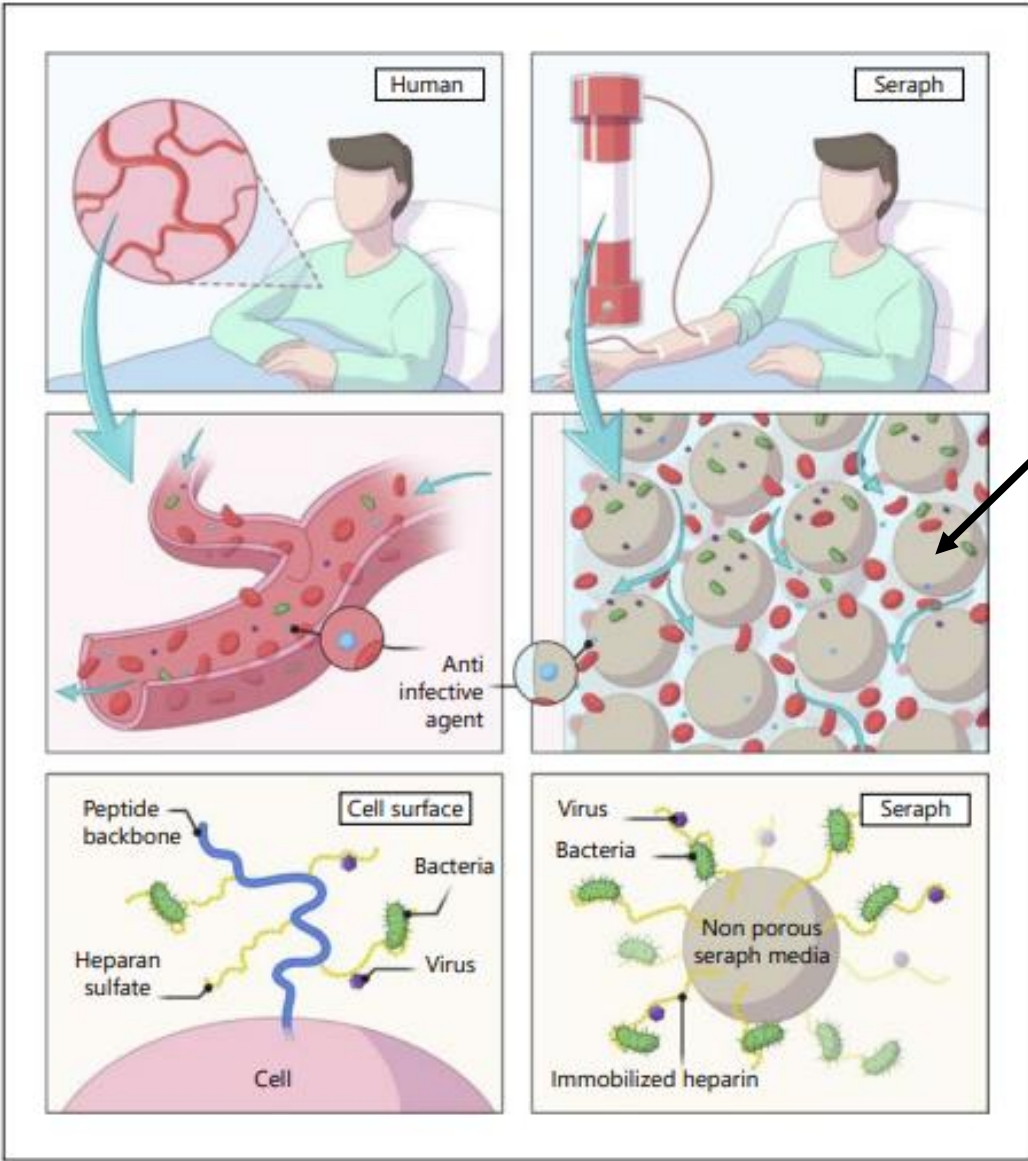
## MISCELLANEOUS, OTHER TECHNIQUES

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Plasma exchanges

Coupled Plasma Filtration Adsorption

# Removing Pathogens : the Seraph<sup>®</sup> 100 Microbind Affinity adsorber



Polyethylene beads

# Removing Pathogens : the Seraph<sup>®</sup> 100 Microbind Affinity filter

## Binding Results from Independent Laboratories

Drug-Resistant Bacteria	Gram Positive Bacteria	Gram Negative Bacteria	Viruses, Fungi, and Toxins
MRSA	<i>S. aureus</i>	<i>E. coli</i>	HSV-1, HSV-2, CMV, Adenovirus, Ebola
CRE - <i>E. coli</i> and <i>K. pneumoniae</i>	<i>S. pneumoniae</i>	<i>K. pneumoniae</i>	<i>C. albicans</i>
ESBL - <i>K. pneumoniae</i>	<i>E. faecalis</i>	<i>Acinetobacter baumannii</i>	LPS/Endotoxin*
VRE - <i>E. faecalis</i>	<i>E. faecium</i>	<i>P. aeruginosa</i> *	<i>S. a.</i> $\alpha$ -hemolysin, Anthrax 'protective antigen'
Considered "URGENT THREAT" by CDC		Considered "SERIOUS THREAT" by CDC	

## Removal of Carbapenem-Resistant Enterobacteriaceae

	Test Medium	Starting Concentration (CFU/ml)	% Removed by 0.6 grams of media	Adsorbed Bacteria (CFU/g media)
<i>E. coli</i> ATCC 8739	2 ml Defibrinated Blood	6.15E+05	99.75	2.04E+06
<i>K. pneumoniae</i> ATCC 13883		4.02E+05	36.43	4.88E+05
<i>E. coli</i> ATCC BAA-2469 (CRE)		2.57E+05	99.93	8.56E+05
<i>K. pneumoniae</i> ATCC BAA-2146 (CRE)		1.40E+05	99.94	4.66E+05

# Seraph<sup>®</sup> 100 PURIFY OBS Preliminary COVID-19 Outcome Data (US): April 26, 2021

A Multicenter Evaluation of Blood Purification with Seraph-100 Microbind Affinity Blood Filter for the Treatment of Severe COVID-19: A Preliminary Analysis

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## Design: Prospective observational patient registry<sup>3</sup>

- Primary Endpoint: Time spent on medications used to increase blood pressure
- Secondary Endpoints: Time on mechanical ventilation, ICU LOS, Hospital LOS, Time spend on dialysis, Mortality
- 99 patients included in preliminary preprint publication
- **Mortality was much lower in the Seraph 100 treated group compared to the historical controls: 37.7% vs. 67.4% respectively (p=0.003)**
- Multivariable logistic regression analysis yielded an odds ratio of 0.27 (95% confidence interval 0.09- 0.79, p=0.016): **Nearly 4X improvement in survivability odds when severely ill COVID-19 patients are treated with Seraph 100**
- **Significant reduction of 10.5 median ICU LOS compared to matched controls (p = 0.052)**
- These results support the 2021 launch of a US multicenter randomized controlled feasibility trial of the Seraph 100 for septic shock due to any pathogen

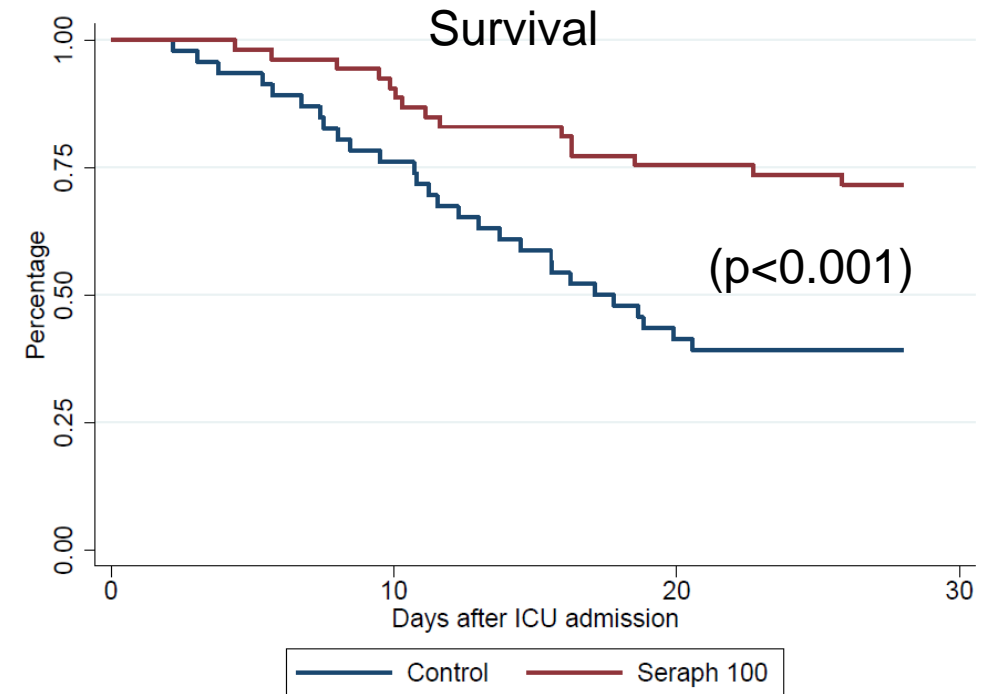


Table 2. Outcomes stratified by study cohort

	Treatment	Control	P value
Mortality (%)	37.7	67.4	0.003
ICU-free days, Median (IQR) <sup>a</sup>	10.5 (0-19.5)	0 (0-12.5)	0.052
RRT dependent at discharge (%) <sup>b</sup>	0	9.4	0.541
Hospital length of stay (day), Median (IQR) <sup>b</sup>	17 (10-35.5)	15 (5-32)	0.170

RRT= renal replacement therapy

<sup>a</sup>Data available for 88 subjects

<sup>b</sup>Among survivors, data missing for one study subject

# Seraph<sup>®</sup> 100 Preliminary Outcome Data COVID-19: COSA COVID-19 Patient Registry (EU)



## Interim-analysis of the COSA (COVID-19 patients treated with the Seraph<sup>®</sup> 100 Microbind<sup>®</sup> Affinity filter) registry

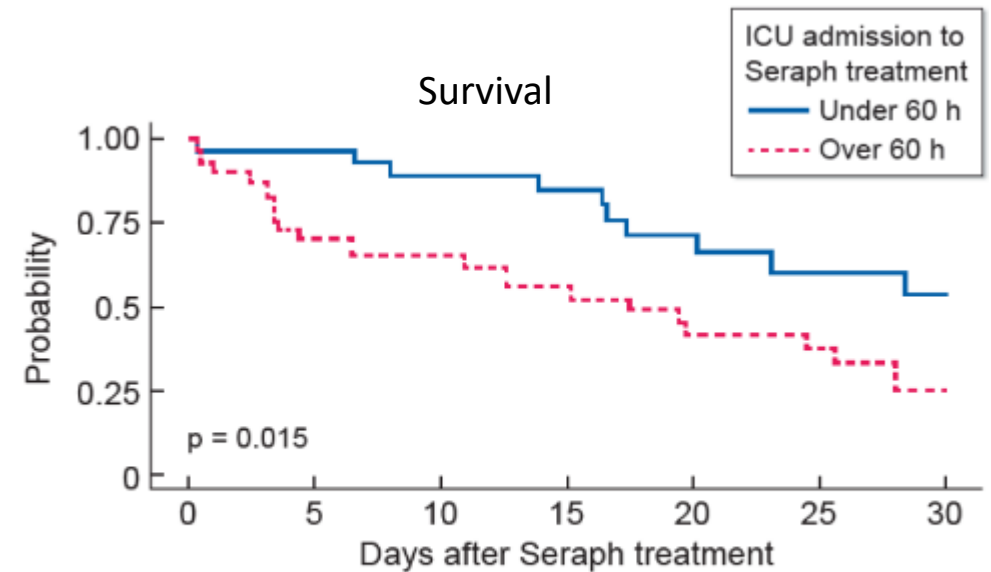
Julius J Schmidt, Dan Nicolae Borchina, Mariet van 't Klooster, Khalida Bulhan-Soki, Reuben Okioma, Larissa Herbst, Diego Sandoval Rodríguez, Vedran Premužić, Stefan Büttner, Birgit Bader, Wojciech Serednicki, Ewa Zasada, Michael Schmitz, Ralf A Quabach, Maria Hrincheva, Thomas Fühner, Jan T Kielstein ✉

*Nephrology Dialysis Transplantation*, gfab347, <https://doi.org/10.1093/ndt/gfab347>

Published: 07 December 2021

### Design: Prospective multicenter observational study<sup>20</sup>

- Primary Endpoint: Overall 30-day survival after Seraph 100 therapy session
- Secondary Endpoints: Adverse events, clotting rates, time to ICU discharge
- 82 Patients documented to-date (Median SOFA Score: 9)
- **Significant survival improvement for Seraph treatment(s) initiated <60 hrs (2.5 days) after ICU admission** (1.73 [1.5-3.2] vs. 4.58 [2.05-11.4] days p=0.0023)  
→ 34.5% vs. 62.5% ICU mortality (p=0.04)
- 66.7% Patients treated on mechanical ventilation
- 43.1% Hemoperfusion (HP) modality/stand-alone treatment
- Seraph 100 treatments well tolerated, low rate of clotting, no serious adverse events



Number at risk		0	5	10	15	20	25	30
Under 60 h	29	26	22	20	14	10	8	
Over 60 h	40	28	22	18	11	10	5	

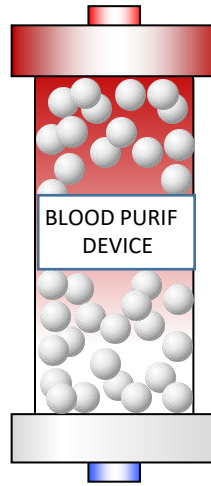
Figure 2: Kaplan-Meier analysis of survival in patients stratified for ICU admission < and > 60 hrs during 30 days (p log-rank test < 0.015).

# The extracorporeal blood purification concept in sepsis

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SEPSIS

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Improved patient outcomes ?

## GUIDELINES

# Surviving sepsis campaign: international guidelines for management of sepsis and septic shock 2021



Laura Evans<sup>1\*</sup> , Andrew Rhodes<sup>2</sup>, Waleed Alhazzani<sup>3</sup>, Massimo Antonelli<sup>4</sup>, Craig M. Coopersmith<sup>5</sup>, Craig French<sup>6</sup>, Flávia R. Machado<sup>7</sup>, Lauralyn Mcintyre<sup>8</sup>, Marlies Ostermann<sup>9</sup>, Hallie C. Prescott<sup>10</sup>, Christa Schorr<sup>11</sup>, Steven Simpson<sup>12</sup>, W. Joost Wiersinga<sup>13</sup>, Fayez Alshamsi<sup>14</sup>, Derek C. Angus<sup>15</sup>, Yaseen Arabi<sup>16</sup>, Luciano Azevedo<sup>17</sup>, Richard Beale<sup>9</sup>, Gregory Beilman<sup>18</sup>, Emilie Belley-Cote<sup>19</sup>, Lisa Burry<sup>20</sup>, Maurizio Cecconi<sup>21,22</sup>, John Centofanti<sup>23</sup>, Angel Coz Yataco<sup>24</sup>, Jan De Waele<sup>25</sup>, R. Phillip Dellinger<sup>11</sup>, Kent Doi<sup>26</sup>, Bin Du<sup>27</sup>, Elisa Estenssoro<sup>28</sup>, Ricard Ferrer<sup>29</sup>, Charles Gomersall<sup>30</sup>, Carol Hodgson<sup>31</sup>, Morten Hylander Møller<sup>32</sup>, Theodore Iwashyna<sup>33</sup>, Shevin Jacob<sup>34</sup>, Ruth Kleinpell<sup>35</sup>, Michael Klompas<sup>36,37</sup>, Younsuck Koh<sup>38</sup>, Anand Kumar<sup>39</sup>, Arthur Kwizera<sup>40</sup>, Suzana Lobo<sup>41</sup>, Henry Masur<sup>42</sup>, Steven McGloughlin<sup>43</sup>, Sangeeta Mehta<sup>44</sup>, Yatin Mehta<sup>45</sup>, Mervyn Mer<sup>46</sup>, Mark Nunnally<sup>47</sup>, Simon Oczkowski<sup>3</sup>, Tiffany Osborn<sup>48</sup>, Elizabeth Papathanassoglou<sup>49</sup>, Anders Perner<sup>50</sup>, Michael Puskarich<sup>51</sup>, Jason Roberts<sup>52,53,54,55</sup>, William Schweickert<sup>56</sup>, Maureen Seckel<sup>57</sup>, Jonathan Sevransky<sup>5</sup>, Charles L. Sprung<sup>58,59</sup>, Tobias Welte<sup>60</sup>, Janice Zimmerman<sup>61</sup> and Mitchell Levy<sup>62</sup>

## K. BLOOD PURIFICATION

1. We make no recommendation regarding the use of blood purification techniques.

*Rationale* Blood purification includes various techniques, such as high-volume hemofiltration and hemoadsorption (or hemoperfusion), where sorbents, removing either endotoxin or cytokines, are placed in contact with blood; plasma exchange or plasma filtration, through

because of clotting of the circuit, which raises doubts about CPFA feasibility.

In consideration of all these limitations, our confidence in the evidence is very low either in favor of or against blood purification techniques; therefore, we do not provide a recommendation. Further research is needed to clarify the clinical benefit of blood purification techniques.

Rhodes et al. *Intensive Care Med* 2017

## Blood Purification

### Recommendations

59. For adults with sepsis or septic shock, we **suggest against** using polymyxin B haemoperfusion

*Weak recommendation; low quality of evidence*

60. There is **insufficient evidence to make a recommendation** on the use of other blood purification techniques

Further research is needed to determine the effect of various blood purification techniques on patient outcomes.

Evans et al. *Intensive Care Med* 2021

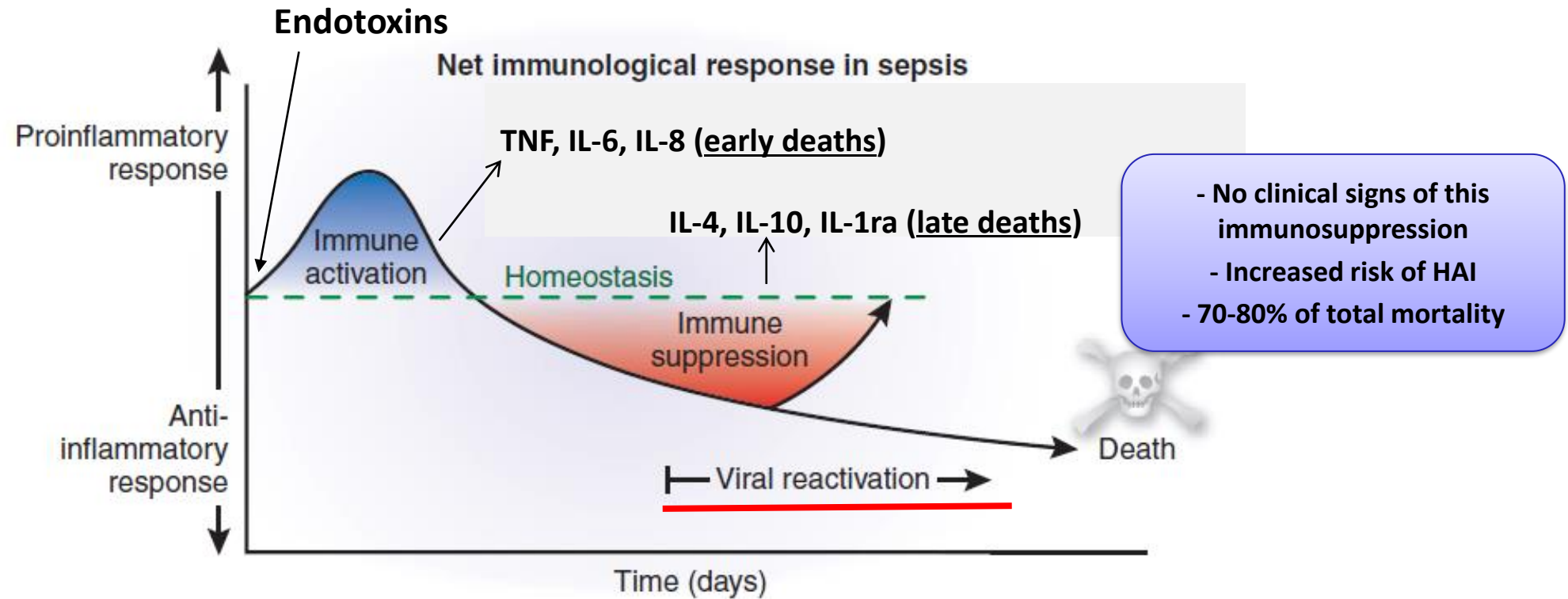
# What about the villains?

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HEROES	VILLAINS
A	D
B	E
C	F

# D = Sepsis-induced immunosuppression

Septic shock = Hyperinflammation followed by severe immunosuppression

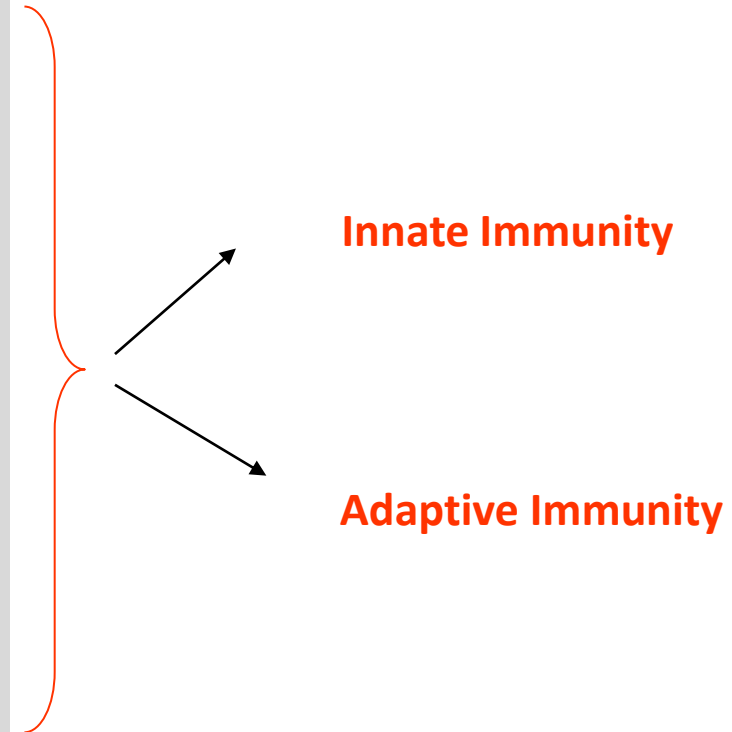


# Pathophysiology: Main mechanisms of sepsis-induced immunosuppression

**Table 1**

**Sepsis-induced immune dysfunctions: pathophysiology at a glance**

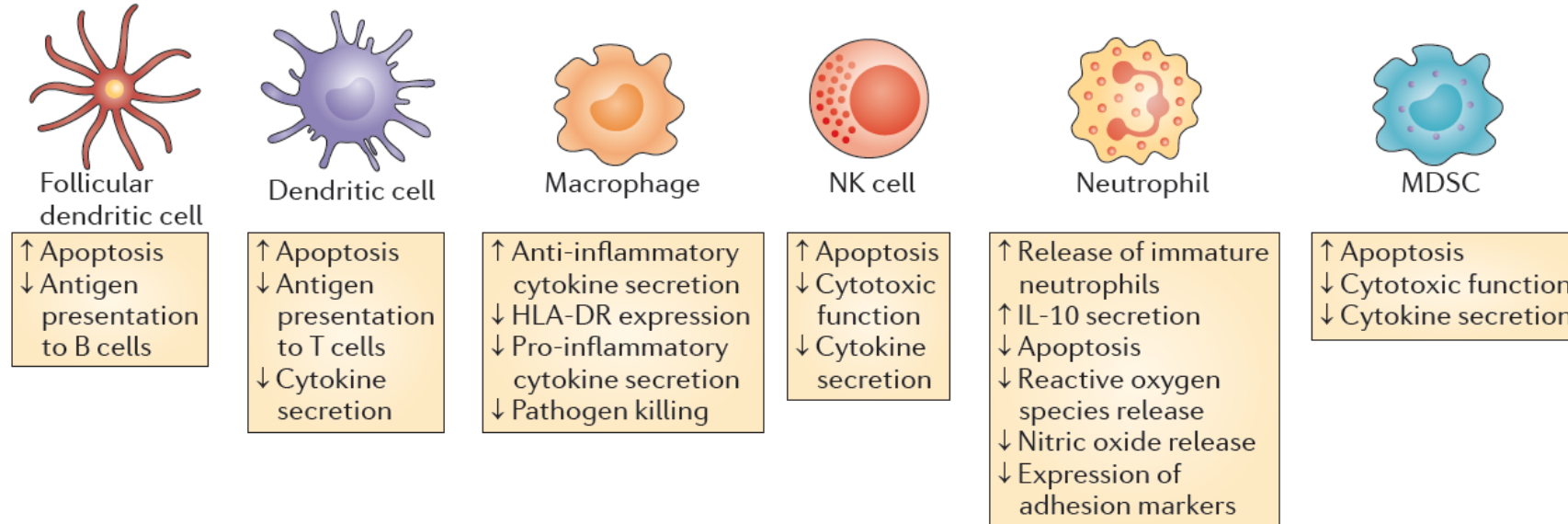
Mechanisms	Features of sepsis-induced immune alterations
Endotoxin tolerance	↓ pro-inflammatory cytokine production ↑ anti-inflammatory cytokine production
Apoptosis	↓ Ag presentation capacity ↓ cell number
Energetic failure	Cell anergy Apoptosis Mitochondrial dysfunction
Anti-inflammatory mediators	↓ activating co-receptor expressions ↑ inhibitory co-receptor expressions Cell anergy Endotoxin tolerance
Epigenetic regulation	↓ pro-inflammatory gene expressions Cellular reprogramming
Central and endocrine Regulations	↓ pro-inflammatory cytokine production



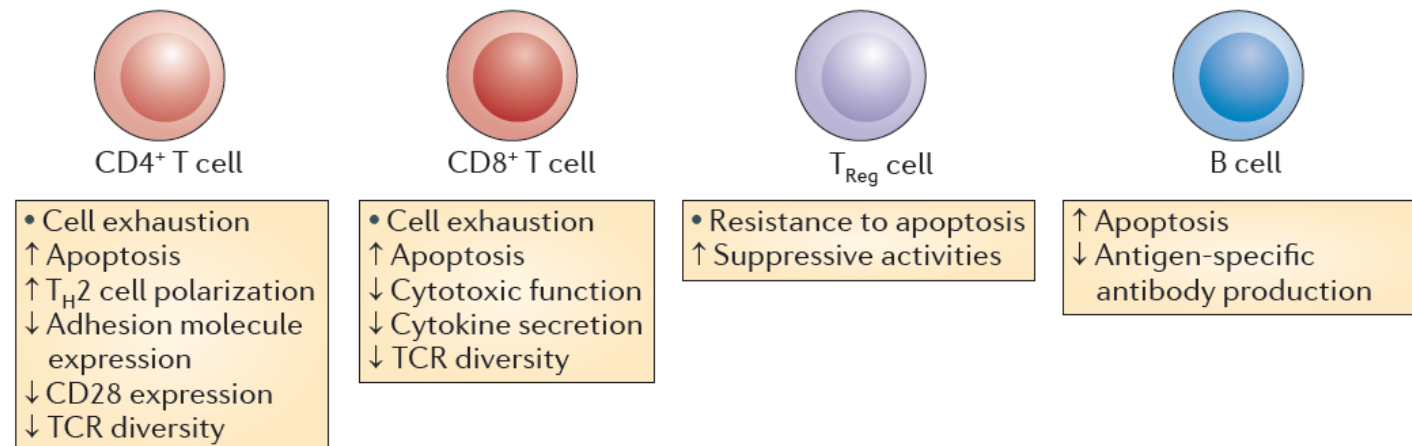
**Innate Immunity**

**Adaptive Immunity**

**a Effects of protracted sepsis on the innate immune system**



**b Effects of protracted sepsis on the adaptive immune system**



# E = Sepsis heterogeneity

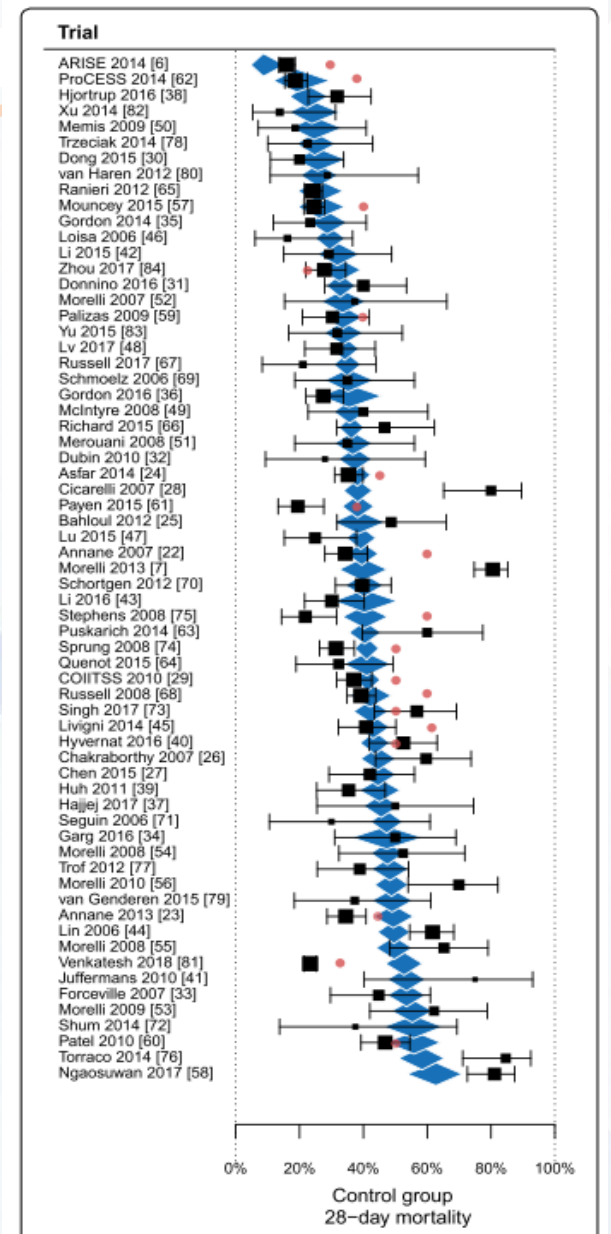
## Sepsis is a very heterogeneous syndrome!

### SYSTEMATIC REVIEW

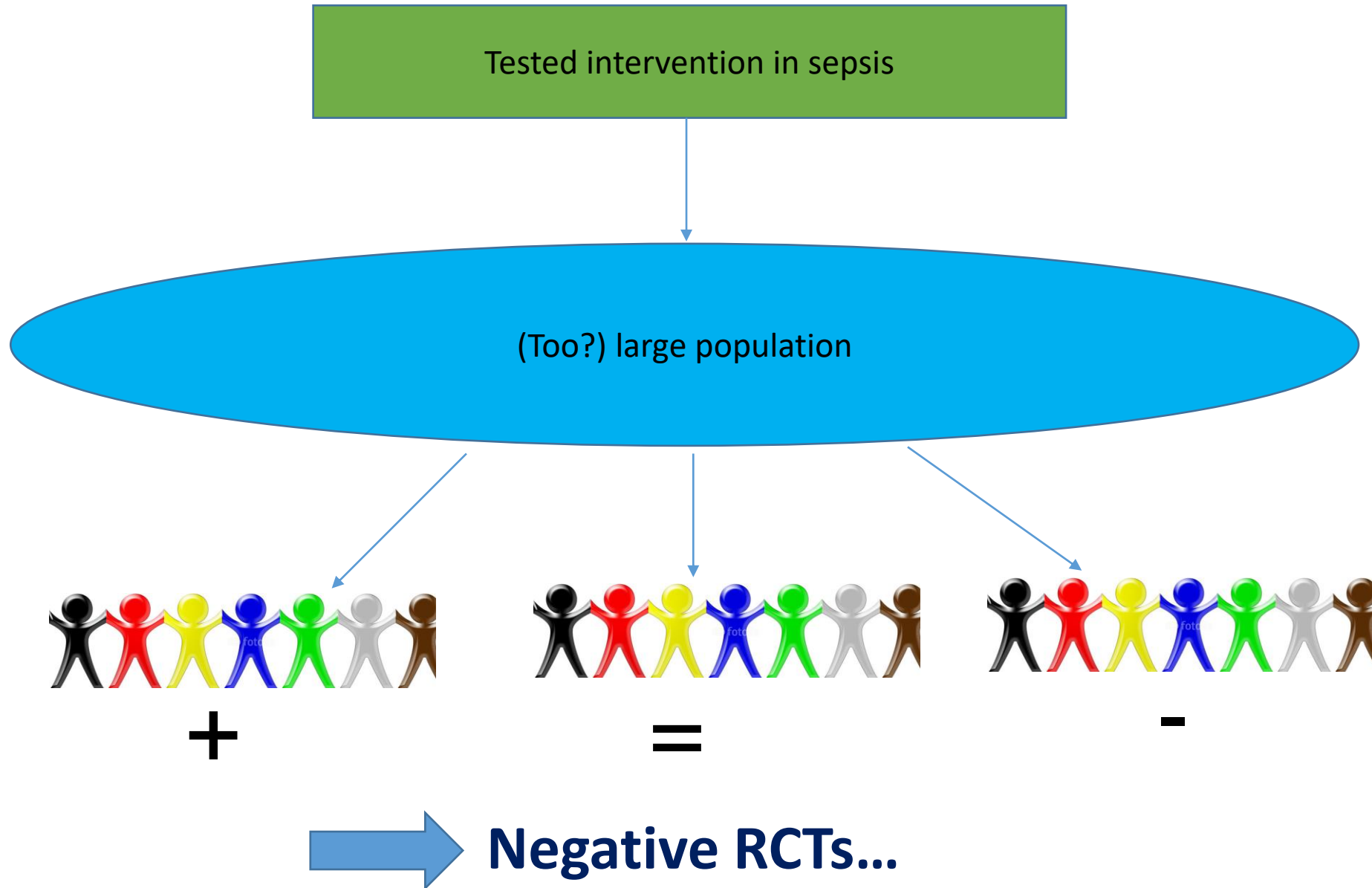
Unexplained mortality differences between septic shock trials: a systematic analysis of population characteristics and control-group mortality rates

Harm-Jan de Grooth<sup>1,2\*</sup>, Jonne Postema<sup>2</sup>, Stephan A. Loer<sup>2</sup>, Jean-Jacques Parienti<sup>3,4</sup>, Heleen M. Oudemans-van Straaten<sup>1</sup> and Armand R. Girbes<sup>1</sup>

- Blue Diamond – predicted mortality rate
- Black Square – observed real mortality
- Control-group mortality demonstrates rate significant variability



# F = Methodological issues of sepsis trials = Insufficient patient selection!



# To pick the right patient to study is key: not sick enough, sick enough, too sick... ?

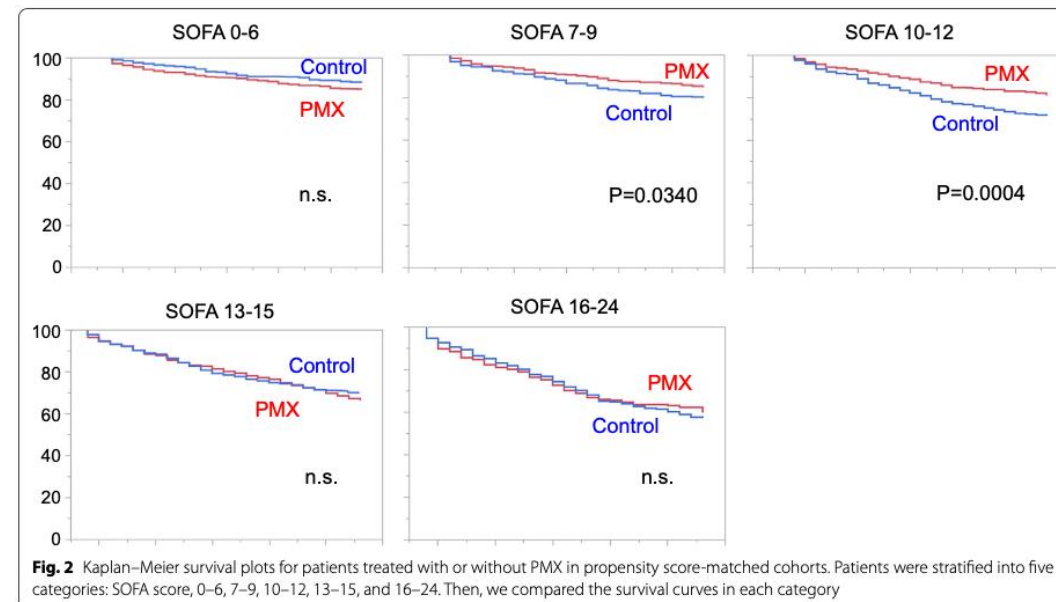
RESEARCH

Open Access

## Effectiveness of polymyxin B hemoperfusion for sepsis depends on the baseline SOFA score: a nationwide observational study



Kenji Fujimori<sup>1\*</sup>, Kunio Tarasawa<sup>1</sup> and Kiyohide Fushimi<sup>2</sup>



# Outline

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1) Introduction

2)

HEROES	VILLAINS
A	D
B	E
C	F

3) Conclusion

# Conclusions / Take-home messages

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## HEROES

Early antibiotics

Antibiotics / Source control / Organ support

Extracorporeal blood purification techniques?

## VILLAINS

Sepsis-induced immunosuppression

Sepsis heterogeneity

Insufficient patient selection for sepsis trials